

**The Lunch Box**  
**Menu - September, 2025**

**4th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Stewed Chicken with Rice and Red Beans (Regular)
- Stewed Chicken with Rice and Red Beans (Large)

**5th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Pizza & Salad - Cheese (Regular)
- Pizza & Salad - Cheese (Large)
- Pizza & Salad - Pepperoni (Regular)
- Pizza & Salad - Pepperoni (Large)

**8th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Stewed Ribs with Rice and Corn (Regular)
- Stewed Ribs with Rice and Corn (Large)

**9th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Curried Chicken with Roti and Chutney (Regular)
- Curried Chicken with Roti and Chutney (Large)

**10th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- BBQ Ribs with Roast Potato & Mixed Vegetables (Regular)
- BBQ Ribs with Roast Potato & Mixed Vegetables (Large)

### **11th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Chicken Burritos with Cheese, Guacamole and Salad with Dessert of the Day (Regular)
- Chicken Burritos with Cheese, Guacamole and Salad with Dessert of the Day (Large)

### **12th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Beef Fajitas with Rice, Bell Peppers and Lettuce (Regular)
- Beef Fajitas with Rice, Bell Peppers and Lettuce (Large)

### **15th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Creamed Chicken with Yellow Rice, tomatoes and cucumber (Regular)
- Creamed Chicken with Yellow Rice, tomatoes and cucumber (Large)

### **16th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Pasta Alfredo with Salmon & Broccoli and dessert of the day! REGULAR SIZE!
- Pasta Alfredo with Salmon & Broccoli and dessert of the day! LARGE

### **17th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Shepherd's Pie with Dessert of the Day (Regular)
- Shepherd's Pie with Dessert of the Day (Large)

### **18th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Beef Chili with Nachos & Guacamole with Dessert of the Day (Regular)
- Beef Chili with Nachos & Guacamole with Dessert of the Day (Large)

### **19th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Johnny Cake & Salt Fish (Regular)
- Johnny Cake & Salt Fish (Large)

### **24th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Stewed Chicken with Rice and Red Beans (Regular)
- Stewed Chicken with Rice and Red Beans (Large)

### **23rd September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Spaghetti and meatballs with salad (Regular)
- Spaghetti and meatballs with salad (Large)

### **25th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Burger with Potato Wedges (Vegetable)
- Beef Burger with Potato Wedges (Regular)
- Beef Burger with Potato Wedges (Large)

### **26th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Coconut chicken curry, rice, lentil dahl and dessert of the day. REG
- Coconut chicken curry, rice, lentil dahl and dessert of the day! LARGE

### **29th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Beef Fajitas with Rice, Bell Peppers and Lettuce (Regular)
- Beef Fajitas with Rice, Bell Peppers and Lettuce (Large)

### **30th September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- BBQ Wings with Potato Salad and Garlic Bread (Regular)
- BBQ Wings with Potato Salad and Garlic Bread (Large)

### **22nd September, 2025**

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Chowfan (Fried Rice) with Chicken and Lettuce (Regular)
- Chowfan (Fried Rice) with Chicken and Lettuce (Large)